

A close-up photograph of two people sitting at a light brown wooden table. The person on the left, wearing a light pink long-sleeved shirt and a silver digital watch, is holding a white ceramic mug with both hands. The person on the right, wearing a blue suit jacket, is also holding a similar white mug. The background is softly blurred, showing more of the table and the people's clothing.

HOLY CROSS CHURCH HALL  
1.30-3PM THURSDAY 18TH 2024

## **PARENT'S AFTERNOON COFFEE AND CONVERSATION**

THIS TERM WE WILL HAVE  
CHILDREN'S MENTAL HEALTH SERVICES  
WITH US TO TALK ANXIETY